

# Moving on from Parenting / Caring

(A programme for parents / carers with children 0 up to 5 years)

**Free accredited training to help open doors to employment**

## What is the programme?

This flexible programme will support you to learn new skills, gain qualifications and get valuable experience that will help you to take the next step in work and life. It's been developed with carers and parents in mind, ensuring you can learn at times and locations that suit you.

## Who is this programme for?

The programme is for parents and carers (of a child, relative or friend) living within the Rushcliffe district

## What qualifications will I get and what will I learn?

You will work with your personal mentor to plan a programme that works for you. You will work towards an employability qualification, choosing units that you would like to learn about. Choose from:

- Functional Skills Maths, English or ICT
- Employability Skills Level 2
- Work Experience
- First Aid at Work Level 3
- Highfields Food Safety Level 2

## How and when will I learn?

**Starting in March, completed 1-1 in your own time with tutor support sessions booked to suit your needs**

The programme is designed to fit around you. You will be able to learn from the convenience of your own home, through your computer. If you don't have a computer, don't worry we will lend you a laptop. You can also attend optional group learning, that will help you take your learning to the next level.



## How long will it last?

The programme will usually last anywhere between 3 and 6 months.

## What support will I get?

We have a bursary fund available to support your caring responsibilities. We can also lend you a laptop if you don't currently have access to one. You'll get ongoing support from your mentor



**Call the number below to find out more information or express an interest in the course?**

Rushcliffe Children's Centre:  
0115 977 3749

## Tell me more about the work experience...

If you have a certain career path in mind, your tutor will find a work placement for you. This could be a long-term placement or a short-term taster. We work with local employers to provide you with this opportunity.

## What can I do after the course?

On completion of the course you will have a thirst for learning. We have strong links with local adult education providers who provide, for example:

- Diploma in Health and Social Care
- Diploma in Childcare and Early Years Care
- Diploma in Supporting Teaching and Learning in Schools
- Diploma to become a qualified teacher
- Access to University courses

partnership with

