"We do not know what to do, but our eyes are on you." (2 Chronicles 20:12)

Dear Friends,

With the global spread of Coronavirus dominating the news in recent weeks, I can't think of a better prayer than the one uttered by a desperate but confident Judean king called Jehoshaphat who faced a dangerous army closing in on Judah.

"If disaster comes upon us, the sword, judgment, or pestilence, or famine, we will stand before this house and before you – for your name is in this house – and cry out to you in our affliction, and you will hear and save" (2 Chronicles 20:9).

You see Jehoshaphat's faith was all encompassing. He wasn't just trusting God in the face of potential military defeat, but for any disaster that might come.

In other words, Jehoshaphat had a disposition of trust regardless of danger. Even in the face of pestilence or plague, he cried out to God. And given the current threat of pandemic, we can learn to do the same. And so here are 3 aspects of Jehoshaphat's example of trusting in God that can help us today.

- 1. **Trust God with your fears.** Jehoshaphat was "afraid and set his face to seek the Lord" (2 Chronicles 20:3). He wasn't superhuman; he was normal. The initial step of anyone trusting in God's help in his day or in ours must be admitting weakness. It may be good medicine right now to go before the Lord and honestly tell him how you're doing. *I'm scared. I'm frustrated. I'm angry. I'm lonely. I'm wounded. I'm exhausted.*
- 2. Encourage others to trust God. After Jehoshaphat seeks God, he proclaims a national fast: "And Judah assembled to seek help from the Lord; from the cities of Judah they came to seek the Lord" (2 Chronicles 20:4). The king knows where true help comes from, and he leads others to go there for their hope as well. When everyone around us are worrying, or our neighbours fear the sky is falling in, we can remind each other that we serve a loving, merciful, and sovereign God, who is himself untouched by pestilence or virus (Psalm 91). As we take our anxieties to the Lord in prayer, we can experience peace that surpasses understanding (Philippians 4:6 7). And as we experience such peace, the countercultural and often counterintuitive hope that we have in Christ is put on display (1 Peter 3:15). Our faith, after all, is personal but not private.

Continued on page 26

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

PLEASE DELIVER EDITORIAL TO PARISH OFFICE, OLD CHURCH HOUSE, EAST STREET, OR john.woodman01@virginmedia.com BY 7TH APRIL

PARISH CHURCH CONTACTS

Rector: Revd Jon Wright, The Rectory, Bingham, NG13 8DR	837 949
Assistant Ministry: Church Army Captain: Alan Cooper, 2 Arden Grove, Bingham NG13 8SD	876 018
Churchwardens: Mr John Woodman, 24 Priors Close, Bingham, NG13 8EP john.woodman01@virginmedia.com Wendy Forbes-Buckingham, 3 Church Lane, Bingham, NG13 8RS wendysarahfb@yahoo.co.uk	876 232 07534 129 023
Treasurer Mr Chris Page, Parish Office, East Street, Bingham, NG13 8DR c.page44@btinternet.com	0115 933 3442
Assistant Treasurer (Planned Giving Recorder): Mrs Vivien Dyer	838 614
Acting Organist and Choirmaster: Mr Anthony Watts (available after services or choir practices)	875 968
Mothers' Union Contact: Mrs Marilyn Kirkbride	876 149
Butter Cross Editorial: Please deliver copy for <i>The Butter Cross</i> , by Tuesday 7th April, to Parish Office, Old Church House, East Street, Bingham, NG13 8DR or John Woodman, 24 Prior's Close, Bingham, NG13 8EP Preferably, email john.woodman01@virginmedia.com	876 232
Butter Cross Display Advertisements: Mr John Woodman, 24 Prior's Close, Bingham, NG13 8EP john.woodman01@virginmedia.com	876 232
Butter Cross Distribution and Loose-leaf Inserts: Lyn Thomas, 9 Newgate Street, Bingham, NG13 8FD	07504 222 721
Old Church House (enquiries and bookings): Linda Walden: linwalden4@gmail.com	836 717
Tower Captain: Mr Andrew Peters, 12 Willow Road, Bingham, NG13 8DJ	836 329

Parish Website:

www.binghamparishchurch.org.uk

Continued from front page.

3. Call out to God. Jehoshaphat offers a model prayer in verses 5 – 12. He appeals to God's character, his promises, and his actions in the past. The prayer then culminates: "We are powerless against this great horde that is coming against us. We do not know what to do but our eyes are on you." Maybe you feel that way in light of nCoV. Perhaps you feel powerless against a virus to which you can be exposed even when there are no visible symptoms. Maybe your anxiety rises as specialists still aren't sure all the ways this virus can be transmitted. You might feel discouraged as you watch the infection and death tolls rise. If so, join with Jehoshaphat in declaring that you are helpless, but your hope is fixed on God Almighty.

In the face of the coronavirus, may Christians around the world have an unshakeable confidence in the Lord –even when we don't know what comes next.

Every blessing

Jon (with thanks to The Gospel Coalition)

FROM THE REGISTERS

Holy Baptism

The Lord is loving to everyone and His mercy is over all His works.

Oliver Edward Roberts

PARISH CHURCH NEWS

Contact: Anthony Watts – 875 968, anthony.watts1@ntlworld.com

This month contains the darkest hour in the Christian calendar – Good Friday – when Jesus Christ gave his life for all our sins on the Cross and was then buried in a rock tomb near to the place of Crucifixion. Then, on the third day – Easter Day – he was raised back to life, seen by various of his followers in the Garden by the tomb and on the road to Emmaus, before appearing to all of his disciples apart from Thomas, who was not with them in the Upper Room that night. The disciples could hardly believe what they were seeing. However, Jesus proved that what they were seeing was real. They rejoiced and so shall we. As this is the whole focus of our Christian faith.

Palm Sunday, April 5th

This is the day of the triumphal ride into Jerusalem by Jesus on a donkey when people hailing him as the Messiah assumed he was going to lead them to victory over the occupying Roman forces. Branches were torn from the adjacent palm trees and thrown onto the road along with clothing to provide a smooth passage for the donkey. Little did they know that 5 days later they would be crying out for his crucifixion.

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

Palm crosses will be given out at the 8.15am Communion service and 10.00am Family Worship service to remind us of this – all are invited to come and receive one. Note that this service will have a contribution from Sarah Cody our Youth Worker and so all the old TTiC families are warmly invited to join with us again as they did in March.

Maundy Thursday, April 9th

Holy Communion will be at 10.00am. After the service there will be time for coffee and fellowship.

Communion of the Last Supper will be held at 7.30pm in the Methodist Church. This service commemorates the last supper that Jesus had with his friends in the upper room – it being the Jewish Festival of Passover. Jesus was a devout Jew and followed the Jewish tradition of celebrating the passing over of the Israelites by the destroying angel, centuries earlier during their enslavement in Egypt.

Good Friday, April 10th

There will be a short service of Witness and the Reflection by the Butter Cross in the Market Square at 10.15am followed at 11.00am by a service in the Methodist Church. At this time, we *watch* and *pray* as Jesus dies on the Cross.

The laying of Christ's body in the tomb will be remembered at 7.30pm in the Methodist Church with a special service called 'In the Shadows and the Silence'.

Easter Sunday, April 12th

Holy Communion at 8.15am in the Parish church followed a 10.00am by Family Communion with choir.

After the 10.00am service younger members of the congregation will be invited to join an Easter Egg hunt.

Evensong with hymns will be at 6.30pm.

Our regular pattern of services continues throughout the month with Holy Communion (BCP) at 8.15am every Sunday, All-age Family Worship at 10.00am on the third Sunday and Family Communion with choir on the fourth Sunday at 10.00am.

There will be a service of Evensong on the fourth Sunday at 6.30pm.

Weekly Prayer Meeting continue on Mondays at 9.30am.

Please *do* come and join us for any of our services. You will be made very welcome and, if you are not sure about the service format please speak to one of the welcome team and they will seat you next to a regular member who can help you through the service.

Mothers Union

There will not be a meeting this month as our regular date falls on Easter Monday.

Help Wanted, but not this month!

Lyn Thomas would like to thank those good folks who have volunteered to deliver Butter Cross on our previously vacant rounds. It is much appreciated,

Snack & Natter

Owing to the Coronavirus outbreak it has been decided as a precautionary measure to suspend meetings for now. However, this decision will be reviewed in the light of official advice.

Church Humour

No church humour for this month but a little poem I found on a noticeboard in a children's playground in a tiny Yorkshire village:

The computer swallowed Grandma.

Yes, honestly, it's true!

She pressed Ctrl and Enter

And disappeared from view.

It devoured her completely,

The thought just makes me squirm.

She must have caught a virus

Or been eaten by a worm.

I've searched through the recycle bin

And files of every kind.

I've even used the internet,

But nothing did I find.

In desperation, I asked Jeeves

My searches to refine,

The reply from him was negative,

Not a thing was found online.

So, if inside your Inbox

My grandma you should see'

Please Copy, Scan and Paste

And send her back to me.

This is a tribute to all the grandmas and grandpas who have been fearless and learned to use the computer – they are the greatest!

Just a couple of thoughts ...

We do not stop playing because we grow old, we grow old because we stop playing. NEVER be the first to get old!

The good Lord didn't create anything without a purpose. Mosquitos come close, though.

Not church humour as such, but \dots my final message that was left for the milkman:

My back door is open, please put milk in fridge, get money out of cup drawer and leave change on the kitchen table in pence, because we want to play bingo tonight.

You think English is easy? Just try saying it out loud:

How can I intimate this to my most intimate friend?

Quick quiz question: What kind of man was Boaz before he married Ruth? *Absolutely ruthless*.

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

CHURCHES TOGETHER IN BINGHAM

The commitment between the Parish Church, Bingham Methodist Church and the Roman Catholic communities of St Anne's and Bingham is carried out by **Churches Together in Bingham**.

Chairperson: Sue Lockwood (875 453) Secretary: Jill Haywood (836 093) Treasurer: Tony Petersen (838 668)

Parish Church Services are to be found on page 3.

Methodist Church Services are to be found in Methodist Church News.

Minister: Revd Martin Smithson (837 330, mt.smithson@ntlworld.com)

St Anne's Catholic Church, Radcliffe-on-Trent and Bingham Parish

New Road, Radcliffe-on-Trent (opposite Library)

Mass celebrations:

Saturday, 6.30 pm: St Anne's Sunday, 10.30 am: St Anne's

Sunday, 9.00 am at Methodist Centre, Union Street, Bingham

(by kind arrangement with the Methodist Church)

Parish Priest: The Revd Fr Anthony Francy (0115 933 2738)

BINGHAM CHURCHES WALKING GROUP

Programmes for the day and evening walks have now been printed and are both displayed and available in the Parish Church porch and the Methodist Church atrium. If you would like your own copy then please email anthony.watts1@ntlworld.com and I will send you one.

There will not be any Saturday walks during April as we will be away on our annual Walking Weekend (4 nights this year) during the month, staying in the delightful Norfolk coastal village of West Runton (near Cromer) and walking in the surrounding area.

However, the evenings will now be getting lighter and so the first of the evening walks will take place on Tuesday April 14th and this will be an ECO walk from Nottingham Trent Bridge to Wilford – a distance of approx. 3 miles.

Meet at the Co-operative store in time for the 6.20pm bus – and don't forget your bus passes!

The second walk of the month will be on Tuesday April 28th when we will be visiting our friends in Collingham for another stroll round their pleasant village. This will be about $2\frac{1}{2}$ miles in length so meet outside Old Church House in East Street at 6.25pm ready for a prompt 6.30pm start.

We are always pleased to welcome newcomers – you don't have to be a churchgoer despite our group's name. So, if you would like a pleasant sociable walk in good company in various parts of our lovely countryside each month, do please come along and join us. If you only

want to walk occasionally that's fine as there is no commitment. Families and dogs are always welcome for the evening walks. There are no membership fees. You are responsible for your own safety.

METHODIST CHURCH NEWS

Bingham Methodist Church is part of the Grantham and Vale of Belvoir Circuit. More information about Bingham Methodist Church can be found at www.binghammethodist.org.uk and www.facebook.com/binghamMC.

Everyone is welcome to share worship and fellowship with us in our new Methodist Centre building. Our Sunday Services are held at 10.30am with Junior Church and a crèche available.

The Revd Martin Smithson is our minister: contact 01949 837 330, or mt.smithson@ntlworld.com.

Coffee mornings take place weekly on Thursdays 9.30 am - 12.00 noon and Saturdays 10.00 am - 12.00 noon. Why not take a break while you are doing your shopping? We look forward to welcoming you.

Other regular activities at the Methodist Centre include:

Lively Spirits parent/carer and toddler group – lots of toys, crafts, singing and refreshments available, every Monday during term time, 10.00am – 12.00noon, £2 entry.

Upper Room meeting – exploring faith with the Revd Graham Coleman, every Tuesday, meet for coffee from 10.30am, meeting starts at 11.00am.

Bingham Community Cinema – bringing all ages together for an afternoon of entertainment. £2 suggested donation entry per person, under 16's must be accompanied by an adult, tuck shop refreshments available, first Sunday of the month, 2.00pm for 2.30pm start.

BMC Card Crafting Club – fun card crafting group, first Tuesday of the month, 2.00pm-4.00pm.

Wholeness Evening – join us for a relaxing and reflecting hour, first Tuesday of the month, 7.30pm.

Bingham Memory Café – second Monday of each month, 2.00-4.00 pm, at the Methodist Centre. A structured afternoon of fun and friendship with afternoon tea – a time to share memories and experiences in a safe and welcoming environment for people with memory problems and their supporters.

VIP Group (Visually Impaired People) – every third Thursday each month, 10.30 am Church News Contact: notices@binghammethodist.org.uk.

STEPHEN HAWKING, THE BIG BANG AND GOD

I am indebted to Professor Stephen Hawking for what I consider a brilliant insight into an ancient heresy! Shortly before he died, Hawking stated that he was sure God did not exist as, before the Big Bang there was not only no universe, but no time either. It's a difficult concept

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

to get one's head round, but the theory is that time itself started then. So, God could not exist, said Hawking, as, before the Big Bang, there was no time for him to exist in. What Hawking failed to take into account is that God is outside of time as well as space; how could he have created it except by being outside it?

Arius was a priest who lived around 300AD. He proposed the idea that originally God was alone, then he created Christ and together they created the world. This was contrary to the view of the established church and was regarded as a serious, indeed, critical heresy. It still exists in some form in some sects today and many regard it as denying the efficacy of Jesus' sacrifice on the cross. The theological arguments are beyond me, but for me, the Big Bang theory means that the idea is not simply wrong but meaningless. St John's Gospel opens with the verse, "In the beginning was the Word (i.e. Christ), and the Word was with God, and the Word was God. He was in the beginning with God." This seems to me to be a statement that God and Christ were one at the time of the Big Bang. But the theory states that time itself began then. There was no "time" before then, so statements about sequence of events before then are meaningless, as there was no such thing as time to establish the sequence. The idea of there being no such thing as time is impossible for us to imagine, but then why would we be able to imagine a universe before it was created? So, Arius' idea has no meaning.

Incidentally, the term "Big Bang" is a misnomer. If we think of a bang, we think of a bomb exploding into the world that exists. But what the theory states is that the universe itself expanded from a point, not into anything that existed but into nothing, creating something. Mind-boggling! In Psalm 8 we read, "When I look at your heavens, the work of your fingers, the moon and the stars that you have established; what are human beings that you are mindful of them, mortals that you care for them?" Mortals that yearn to study the heavens and marvel at the God who created them, and us.

Thank you, Prof. Hawking, for (inadvertently) strengthening my faith!

VE DAY, FRIDAY 8 MAY, BANK HOLIDAY

Bingham Royal British Legion together with the Bingham Communiity Events group and Bingham Heritage Trails Association will commemorate the 75th Anniversary of VE (Victory in Europe) Day on Friday 8th May on Bingham Market Square.

The day will commence at 11,30am with a Last Post Ceremony and will be followed by a Street Party with music and dancing. Posters giving full aerails will be on social media and in local shops etc.

Please be aware that the town centre will be closed to traffic on that day.

BINGHAM NEIGHBOURHOOD PLAN NEWS

We started full meetings after the Christmas break in January when the committee was joined by two students from Toot Hill College. They will be full members and will attend all the meetings. Because our neighbourhood plan is looking beyond 2028, decisions we take will be of more relevance to them than anyone else on the committee and should ensure that our plan is appropriate for the middle decades of the 21st century.

Sustainability has been at the heart of what we have been doing to date and as every week goes by world and national news strengthens our conviction that this is the right path. At a national level consultation on the government's new building regulations ended on 7th February. They aim to ensure that all new buildings will be carbon neutral by 2025. The first changes are likely to come into force late this year and will ensure that new houses will have between 25% and 31% less carbon dioxide emissions than current housing averages. This and other legislation fit well with the aims of our neighbourhood plan.

If you want any more information about what we are doing, go to the neighbourhood plan website ww.binghamplan.co.uk, but we will have information boards and committee members appearing under the Butter Cross on the last Thursday of every month after that.

NEW VOLUNTEER DRIVERS ARE REVVING UP EAGER TO TAKE NEW PASSENGERS OUT AND ABOUT IN BINGHAM

Rushcliffe Voluntary Transport Scheme has been providing community transport for over 30 years using voluntary drivers who love helping people get out and about.

Our Voluntary Transport Service is for people that don't have a car, have poor mobility, find it difficult to use public transport, or that live in rural areas with poor transport links and find it difficult to get out and about. This can lead to feelings of isolation, loneliness and a lack of independence. Rushcliffe CVS provides community transport to support people to live more independent lives.

Our volunteers provide a *door to door* service to a wide variety of places, for example:

- Doctor's and other health appointments
- Shopping
- Leisure and social activities
- Visiting friends and family
- Day centres and lunch clubs

Our drivers can wait for up to an hour for you or come back at a prearranged time to take you back home again if required.

Our Transport Plus Service is an extension of our successful voluntary transport scheme.

In addition to driving, our **Transport Plus** volunteers can provide additional help and support including:

- Assistance with shopping i.e. accompanying you around the supermarket and carrying your shopping.
- Accompanying you on social and recreational activities outside the home

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

- Attending as an observer or chaperone at GP surgery appointments
- Or, simply share a cup of tea and a chat with you

Customers are full of praise for the service – typical comments from a recent survey revealed:

"Your volunteers are wonderful and so helpful – carrying shopping and helping me get up steps. They also chat which is nice when you live on your own."

"The driver who takes me to visit my husband is very kind and trustworthy. I have nothing but praise for the service and for the drivers."

Our volunteers and staff – going that extra mile

All of our volunteers give their time because they care. Our volunteers and our staff are trained and police checked. If you make regular bookings, we will do our best to allocate you someone who will get to know you and understand your needs. They will always do their best to meet your individual needs and to ensure that you are given the service and the information that you need to maintain your independence.

Call us today on 0115 969 9060, or email transport@rushcliffecvs.org.uk

Our friendly team are ready to take your call. Lines are open Monday – Friday, 8am – 5pm.

ROTARY CLUBS TO RAISE MONEY FOR AIR AMBULANCE AND THE FIRST RESPONDERS.

Calling artists, photographers and crafters.

After a very successful event last year the Rotary clubs of Bingham and Radcliffe and the Vale of Belvoir are once again holding their Art and Craft Fair at the East Bridgford Blue Diamond Garden and Home Centre on the weekend of the 4th and 5th of July. Last year £3,300 was raised for the Air Ambulance and The Trent and Vale First Responders and the clubs are hoping to do the same this coming year.

The artists and photographers who took part last year were very complimentary about the venue and the natural light which entanced their a twork. Everyone was pleased with the footfall and the exposure of their work. The standard of paintings was amazing and this is a good opportunity for anyone wishing to purchase a unique work of art.

Artists, photographers or crafters wishing to take part this year can contact the organisers at rotaryartandcraft@gmail.com, the Vale of Belvoir website, or by ringing Mary (07976 384279).

Artists are able to submit 4 works of art, but all must be for sale. Anyone wishing to have a craft stall for the weekend needs to book this as soon as possible as space for stalls is limited.

We are hoping to attract even more entries and reach more of the public to view the fair and raise more money for these lifesaving charities. There will again be a great raffle with wonderful prizes.

RADCLIFFE-ON-TRENT DRAMA GROUP



Twist a thriller by Miles Tredennick. Tuesday 12th – Saturday 16th May in Grange Hall, Radcliff-on-Trent.

Miles Tredinnick wrote regular stage and television scripts for Frankie Howard and also wrote for the hit comedy *Birds of a Feather*.

Twist is set in the 1990's in the afficient Hampstead area of London and tells the tense but humorous story of manipulative accountant David who sees a sensational way of making a fortune by writing a

kiss-and-tell biography about his totally self-obsessed wife Saran. He then decides that his book could do even better if she's murdered first.

With all the ingredients you'd expect of a first class thriller, the cunning twists and turns will take you on a corkscrew ride of suspense and excitement.

And just when you think you know what a going to happen *Twist* catches you out one more time before the breath-taking dénovement

All tickets are priced £9 except for our new Tuesday evening price of £8 and all are available via the website or from Pen2Paper Stationers in R-o-T or by phoning 0115 9332906.

NB: Customers ordering tickets on-line via the website will pay a 10% booking fee which allows you to use a good card or debit card: www.radcliffe-on-trentdramagroup.co.uk.

We now have a Facebook page @RoTDramaGroup and a Twitter account @rotdram, so you can keep up to date by following us on either of these.

Why not book a pre-theatre meal? Available from 5.30pm at Café Piano (0115 9332233) and The Chestnut (0115 9331994). 10% discount when you show your theatre tickets.

COME & SING

Rutter *Requiem*: Good Friday 10th April at Bottesford Parish Church Soprano Soloist: Rachel Cropley, Organist: Paul Hayward, Conductor: Deborah Davies

The Cranmer Company of Singers and Musical Director Deborah Davies are hosting another charity Come & Sing. All welcome 450% 10 to sing tie ed as we ask you to select the amount you wish to give. Donations on door from audience. Money raised will go to the Yemen Crisis Appeal ra Taafurd. PUBLICATION

Rehearsal starts 4.30pm (arrive earlier to register), charity performance at 7.30pm. Singers please book your place by contacting Heather (heather@ng7.org.uk, 0115 947 4759). Music provided if required.

Singers, if you wish, bring a picnic supper to have between rehearsal and performance. Sober dress: men, suit & tie; ladies, Sunday best.

Come ... and ... Sing, or Come and Listen, you will be made very welcome.

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

UNDER 21 GRANTS

Bingham Trust Scheme once again has funds available to further the welfare of young people under the age of 21 who live in the town (parish) of Bingham.

Do you have a special interest or hobby which could lead to a future career? Are you good at sport or music? Do you have a chance to go on a special course? Do you need extra equipment or help because of a physical disability?

These are just a few examples of the wide range of physical, religious or educational opportunities for which a grant may be available.

Grants are considered twice a year. Closing dates are 30th April and 31st October and, except in cases of extreme urgency, these dates are strictly adhered to.

Application forms are available from Mrs Gill Bailey (838 673), Mrs Elaine Hobson (836 042, appletrees.hobson@gmail.com).

COOKERY CORNER

Butterscotch Brownies: recipe taken from the Parish Church Cookbook - One for the Pot.

Ingredients

4tbs Butter ¹/₄tsp Salt

1 large Egg 3/4 cup Plain Flour 1 cup soft Brown Sugar 3/4 tsp Baking Powder 1/2 to 1 cup chopped Nuts 1/2 tsp Vanilla Essence

Method

Combine the butter and sugar in a saucepan over a low heat. Allow it to cool, then beat in the egg. Sift together the flour, baking powder and salt, then add to the mixture; add the vanilla and nuts.

Bake for 35 minutes in the oven at Gas Mark 2, 300 °F in an 8" square tin.

The original contributor said it was so popular that they always doubled the recipe!

NOTES AND ANNOUNCEMENTS FOR THIS MONTH FROM BINGHAM'S GROUPS AND CLUBS

103 The Eye is the award-winning community radio station serving the Vale of Belvoir, including Bingham, Bottesford, Cotgrave, Radcliffe-on-Trent, Keyworth and all the surrounding villages through the Vale right down to Melton Mowbray — a population of around 90,000 people in Rushcliffe and Melton Borough.

The station has been on the air for 14 years, providing entertainment, local information and education. We play music from the past six decades through to today, broadcasting 24 hours a day, seven days a week on 103 FM. You can also listen online via our website www.103theeye.co.uk, or on a smartphone, smart TV and other media.

103 The Eye is a not-for-profit organisation run by volunteers. We're here to give local people a voice. If you have some news or a story to tell and would like to be featured on one of our programmes, or there's an event you want to publicise, do contact us. We also offer media training opportunities and a showcase for local unsigned musicians.

To get in touch, see our website www.103theeye.co.uk, or phone 01664 565315 (office), 01664 481103 (studio), or write to 103 The Eye, PO Box 103, Melton Mowbray, Leicestershire LE13 9AW.

1st Bingham Guides

Joining Bingham Rainbows or Brownies

If you would like your daughter to join the waiting list for Rainbows, Brownies or Guides please do so via Girlguiding's centralised, online list at www.girlguiding.org.UK/get_involved.aspx.

This is also the link to click if you are interested in becoming a volunteer. If more people step forward we can open additional units, which will shorten our waiting lists considerably.

The waiting list for girls to join Girlguiding in Bingham is long, so be sure to register your interest in good time.

For further details, email jo.brown@ntlworld.com or bainbridge.tanya@yahoo.co.uk.

1st Bingham Scout Group

Beavers, Cubs, Scouts, Explorers (adult help also always needed); see www.1stbinghamscouts.org.uk or phone John Green (875 057).

3rd Bingham Brownies

Bingham Brownies seek new, enthusiastic leaders in order to help established units to grow and keep taking new girls. We would love to help our Rainbows and Brownies to continue on their journey in Girlguiding, also be able to offer places to girls on the waiting list, who may not otherwise be able to join in the fun. No experience is necessary as all volunteers are given a mentor to ease them into the role, with opportunities for training too. You will be made very welcome if you would like to visit a unit.

Please contact Jo Brown (876 851) or Jean Harrison (877 167).

Alzheimer's Society New Side by Side service

Could you support someone with dementia to do the things they love? If you are able to volunteer 2 –3 hours per week to enable a person with early stage dementia to go out into their local community and do an activity such as –, going to a garden centre, a café or a group please contact the Side by Side team (0115 934 3811) or email

Volsnottinghamshire@alzheimers.org.uk. You could really make a difference to someone's life.

Aqua Mobility

For those with arthritis and other mobility problems, gentle exercise in the water from 1.30pm for an hour each Thursday, at Cotgrave Leisure Centre (0115 989 2916).

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

Aslockton Tennis Club

Come and join us on our superb fully floodlit all weather courts for a friendly no-obligation tryout. We welcome all ages and ability levels, and you can come up to three times before deciding whether or not to take up membership. We have a well-appointed clubhouse with electric power and facilities for hot and cold drinks. We are fully affiliated to the LTA and are active in Notts. LTA as well. We have an excellent coaching programme for both senior and junior members, which is proving very popular. We have recently started a programme of competitions against similar clubs in Notts and we would love you to join us. In line with LTA safeguarding guidelines, we have appointed our own accredited and trained welfare officer to deal with any safeguarding concerns, and we are also fully insured.

We have an online booking system, so you don't have to visit the club house in all weathers to check on court availability and book. Membership is currently £50 per annum for seniors and £10 for juniors (12-16), renewable on the 1st April. As a special promotion for the current year, new members joining now will enjoy a pro rata reduction for the remainder of the year. If you like what you see, you can join online by visiting Aslockton Tennis Club's page at the LTA Clubspark website clubspark.lta.org.uk/AslocktonTennisClub, or by contacting Anne Higham (01949 20373, pmahigham@btinternet.com).

Belvoir Archers

We are a target archery club formed in March 2011. We currently have archers of all levels shooting longbow, recurve and compound bow styles. New members are welcome. We can shoot 7 days a week, from dawn until dusk, with formal club shooting days on Wednesday evening 6.00pm until dusk and Saturdays 10am until dusk. For more information, go to www.belvoirarchers.co.uk.

Bingham 123 Baby and Toddler Group is every Thursday 10.00 am -12.00 noon at Old Church House, East Street. A friendly voluntary run group that offers a (parental supervised) safe and fun environment for children 0-5 to play whilst parents and carers (and mums to be) can have drink and a chat. There are a variety of toys out every week both inside and outside. There is a craft table each week for all those messy things we try to avoid at home. The group is £2 per family which includes refreshments. Look forward to seeing you all there. For more information please contact Becky (07809 659673), or find us on facebook.

We are currently looking for volunteers to help at the play group.

Bingham Advice Centre

We are open from 9.30 to 12.30 on a Wednesday morning in the Bingham Town Council Offices, The Old Court House, Church Street, to give advice on many different problems.

Do drop by and see us – no appointment is necessary.

Bingham Art Club invites new members to join our friendly group of artists. All welcome, with help and advice for beginners.

We meet in the W.I. Hall, Station Street, 2.00 - 4.00 pm, on Thursdays September until mid-May.

Our outdoor Summer programme runs from May to beginning of September when we visit a variety of venues to paint and sketch.

For further details telephone 07791 854277, or e-mail carolinedrew2005@yahoo.com.

Bingham Friday Baby and Toddler Group

We meet every Friday 10.00 - 12 noon at Old Church House, East Street. We welcome mums-to-be and parents/carers with children 0 - 5 years. Our regular play activities include art and craft, singing, plenty of toys for babies and toddlers and a baby area. Free tea/coffee/biscuits. £2 per family. A very welcoming and friendly meeting place.

For more details please contact Clare (07534 390439) or join our facebook group, Bingham Friday Playgroup, for regular updates on opening dates and activities.

Bingham Belles W.I.

We are a relatively new W.I. having formed in 2012. We are a group of like-minded women of all ages. We enjoy a wide variety of meetings where we always learn something new and broaden our view of the world. Meetings are on the third Wednesday of each month at the W.I. Hall on Station Street, 7.45-9.45pm. Visitors and new members welcome. Contact: binghambelles@gmail.com or Helen Pidgeon (838 567). Alternatively, visit our website: binghambelleswi.weebly.com or our facebook page www.facebook.com/binghambelles.

Bingham Breastfeeding Support Group

Are you pregnant and want to know more about breastfeeding? Do you have a new baby and need some breastfeeding support? Or would you just like to meet other breastfeeding families? We are a friendly drop-in group run by trained Breastfeeding Peer Supporters every Tuesday 1.30 – 3.00pm at Bingham Children's Centre. Older siblings welcome too. Call Bingham Children's Centre (863 840).

Bingham Bridge Group

We are now entering our 3rd year and have grown into a very successful club. We welcome players of all levels, but we offer a supportive and relaxed atmosphere for beginners and improvers who wish to build their confidence and improve their game. We do not offer formal teaching, but the more experienced players give advice and help when requested. You do not need to come with a partner.

We meet on Thursdays 7.00pm – 9.00pm in the W.I. Hall on Station Street, Bingham

Len Jackson is running a series of courses in the area for beginners and improvers, please contact him by e-mail lenjackson1234@gmail.com, if you are interested in learning to play this fascinating game.

Please contact Rosie Garner (838 333) for further details.

Bingham Butter Cross Art Group

We are a very active group of amateur artists originally guided by South Notts College. Following a change in their policy we decided to form our own group, which continues to explore all forms of Art including drawing, painting and outdoor sketching. Our tutor is Peter Millward and we meet in Old Church House every Monday morning to provide an excellent

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

support for local and nearby residents to enjoy their work, which is displayed both in the Library and the QMC each year.

If you wish for further information please contact Christine Hawkins, lushai19@gmail.com.

Bingham Childminding Group

We are a local group of childminders who meet fortnightly at Old Church House on Tuesdays. If you are a childminder, bring along your children for a play, or if you are a parent/carer pop along to meet us.

For further information please contact: Rachel (831 979), Karen (831 761), or Victoria (876 813). We look forward to seeing you there.

Bingham Day Service for the Elderly, Moor Lane (formerly Moorlands)

For information on day-care services please contact 836 652. Alternatively, you can contact the Customer Services Centre for all enquiries about social care (0300 500 8080).

Please look out for our forthcoming events.

Bingham and District Angling Club

Formed in 1974 this small friendly club caters for anglers of all ages, abilities and disciplines. The Club is affiliated to Leicester AMAL and the East Midland Angling Association allowing members to fish a wide range of waters across the East Midlands at no cost. Additionally, active members also have the opportunity to become members of Ashfield Anglers who control the Gunthorpe / Bulcote lakes complex and many miles of the River Trent again at no cost.

For those interested in match fishing the Club meet every fortnight at a variety of different venues. Contact Martin Fielding (877 588) or Richard Landon (875 119) for details.

Bingham and District Audio Magazine

The Audio Magazine is produced monthly and brings news, talks, and interviews on local topics to people in the area who can't get out and about as much as they would like. The content is wide ranging and hopefully has an element of I didn't know that about local people and things they have done.

The magazine is produced by a team of volunteers and can be delivered on a CD, free of charge, to all recipients. If you know of anyone who you think might enjoy receiving the magazine then please contact Pat Harland (875 286). Pat will be pleased to hear from you. An easy to use CD player can also be loaned if necessary.

We are currently looking for people to join our production and interviewing team. You need to be computer literate and able to spare one Tuesday evening every two to three months. Full training will be given. Please contact Pat Harland (875 286, pat.harland@ntlworld.com) for further information.

Bingham and District Choral Society

The choir is making great progress in learning its Brahms programme for our joint concert with Mansfield Choral Society on Saturday 2nd May at 7.30pm in Southwell Minster. We will be singing the magnificent *German Requiem* (in German) and the less well-known but

beautiful *Song of Destiny*. We are looking forward to our joint rehearsal in April, led by Ellie Martin, the charismatic Musical Director of MCS.

We perform in Southwell Minster once again in the summer when Bingham and District Choral Society features in the Minster's programme of free lunchtime Friday concerts. On Friday July 3rd, from 12.15 to 1.00 pm, the choir will sing a programme of sacred music, accompanied by organ, including pieces by Bach and Mozart.

If you are interested in joining the choir or in finding out more about who we are and what we do, please visit our website, www.binghamchoral.org.uk.

Bingham and District Diabetes Support Group

We welcome you to our volunteer led open meetings every 3rd Wednesday in the month. 10.30am to 12.00pm at The Old Courthouse, Church Street.

These meetings are a very informal chance to meet others living with diabetes, share experiences and top tips on living with the condition.

For more information contact Rowan Bird (876 570, rowanbird@ntlworld.com), or just turn up and meet us.

Bingham Dolls' House Club

We meet in members' homes on the second Wednesday of each month from 2.00 - 4.00pm. We like to make items for our projects, but anyone who just collects is equally welcome.

As our members live in various places in east Nottinghamshire, meetings are not always held in Bingham. For further information, please ring Jenny David (836 020).

Bingham and Radcliffe-on-Trent Rotary Club

Rotary acknowledges that charity begins at home but also is aware that it does not end there. You can be part of this worldwide movement to make our planet a better place. Get in touch. We meet at the Horse and Plough on most Mondays at 6.30pm for a simple meal, a social and informative meeting, with no great ceremonies, just people meeting people helping people. Call Andy (01400 282 115) or Norman (01400 282 361). We are waiting for that call!

Bingham Folk Club

We have a varied programme of singers nights and guest nights throughout the year that cover a wide range of musical styles through folk, country, jazz, blues, pop — in fact, a variety that should appeal to most ages and tastes! Roughly once a month there is a PA Night, when floor singers have the opportunity to perform through a good quality sound system. We are a friendly club which welcomes new musical talent as well as those who just want to relax and listen to others. There is no membership fee, and there's a licensed bar at the pavilion.

The club meets twice a month throughout most of the year (except the summer holiday period), normally on the 2nd and 4th Friday, and is based in the Rugby Club Pavilion, Brendon Grove, NG13 8TN. Music starts at $8.30 \, \mathrm{pm}$ each evening, and ends at $11.00 \, \mathrm{pm}$, with entry costs being £2.50 for singers nights and from £6 for guest nights (depending on the guest that has been booked). In addition to a Facebook page, the club has a website that is regularly updated and provides all the details, including the latest programme: binghamfolkclub.weebly.com.

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

April 3rd Singers Night, with PA system available for performers. Everyone welcome!

April 24th FOLKLAW, a very popular and widely acclaimed folk band, featuring

Bingham musician Nick Gibbs. Phone 875766 for tickets (£7), or £8 at the door.

For further details please contact Marion Downs (875766) or Janet Smith (850 338).

Bingham Garden Club

Our regular meetings run from September to May every 2nd Tuesday of the Month at 7.30pm at the W.I. Hall, Station Street (doors open at 7.00pm).

Evening includes a speaker, plant stall, raffle and refreshments.

In June and July there are outdoor visits to gardens locally, or further afield by coach.

Membership is £20 annually, but you can give us a preliminary visit for £3.

April 14th British Wild Flowers talk by Dr David Fox

Contact Barbara Savage (838 782) for further information, or see our new web site www.binghamgardenclub.com.

Bingham Guitar Group

This new group meets on Friday afternoons at 1.30pm. Please contact Teresa (07712 273426, moorend@hotmail.co.uk) for further details.

Bingham Surgery, Patients Participation Group

The Bingham Surgery PPG is a small group of patients who provide a link between patients and surgery staff. Their aim is to ensure that patients' general needs and wishes are given due consideration by staff and where it is possible action is taken. You can find out more about the PPG through the surgery.

Don't need your surgery appointment, then please cancel it

In January a total of 356 appointments were wasted at Bingham, Cotgrave and Cropwell Bishop surgeries. This equates to 76 hours of GP, Nurse and Healthcare Assistant time. So, if you cannot attend or no longer need your appointment then please cancel it. Cancelling enables the surgeries to offer the appointment to other patients meaning they can be seen sooner.

You can cancel appointments easily:

- by text message if you receive appointment reminders,
- via SystmOnline, the online appointment booking system. You can cancel any
 appointment this way, whether it was initially booked online, on the phone or at
 reception,
- by calling or visiting the surgery.

Bingham Heritage Trails Association

There are a number of forthcoming BHTA events that may be of interest to readers.

On Thursday, 7th May we shall be presenting: World War 2 – a commemoration evening, at the Methodist Centre, commencing at 7.30pm. The evening will be free to attend, but limited venue capacity means that admission will be strictly by ticket, obtained in advance. Further details will be advised in due course.

On Friday, 8th May (VE Day 75th Anniversary Bank Holiday), BHTA will be mounting an all-day exhibition on the Market Place as part of wider Bingham celebrations of the day. The exhibition will draw on our current research project on Bingham in WW2 to present stories about Bingham during the war and the part played by its citizens.

We'll also be displaying a range of artefacts, including military equipment, and we are hoping as well to include household and other everyday items that were used in the period 1940 – 1960. If you have any items that you are prepared to loan to us, which you think would be of interest – especially to younger people – please get in touch.

In the run-up to the exhibition and beyond we plan to continue our research into this momentous period in Bingham's history. To be successful we need the community's help. Already several Bingham residents have provided helpful information and leads. Perhaps you had relatives in the armed forces. Or you had friends whose fathers or mothers served. Maybe your family took in evacuees. If so, we'd like to hear from you. Don't worry if you don't know much. Even small fragments of information can help to complete the jigsaw.

If you have information to share, the project leader David Mason can be reached on 01949 876635 or by email via the BHTA website: www.binghamheritage.org.uk.

Bingham Ladies Activity and Friendship Group

This is a friendly and creative group of approximately 18 ladies who meet weekly to do a number of different craft activities and play games over a chat. The activities tend to vary from week to week but could include Scrabble, dominoes, cards, making soft toys, tapestry, knitting or cross-stitch.

Usually the ladies bring along some kind of craft work to work on while they chat, so the first time you come, bring along some small craft activity.

There is a drink and biscuit during the morning for a small charge of £1. The group meets every Monday morning (except Bank Holidays) from 10.00am -12.00noon in the W.I. Hall on Station Street, Bingham.

For more information, please contact Ms Annette Dawson (876 085).

Bingham Leisure Centre Archery Club

After almost forty years shooting at the Leisure Centre, BLCAC has branched out and is now also shooting midweek (Wednesday and Friday) at the Sports Ground in Aslockton. We are looking forward to forging links with new communities in Aslockton and Whatton, but will continue to shoot in Bingham on Saturday afternoons and indoors in the winter.

Our members shoot all bow styles and the new field in Aslockton allows for practicing at all competitive distances. Many of our members shoot just for fun, but some are more competitive, entering competitions locally, regionally, nationally and, on occasion, internationally. The club's aim is to enable everyone to enjoy shooting in a sociable, friendly

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

and supportive environment, and close proximity of the pavilion on the new field means that should be much simpler for us in the future.

We have a small team of nationally accredited coaches, with experience of coaching at all levels up to international and two members in training to become coaches. Throughout the year we run beginners' courses, suitable for anyone from age eight upwards, and support archers in the club to continue improving their performances.

For more information contact the club secretary via binghamarcheryclub@gmail.com, or visit our website www.binghamarchery.co.uk. We look forward to hearing from you soon.

Bingham Library

Rattle, Rhyme and Roll 10.30 – 11am every Monday and Friday at Bingham Library. Free nursery rhymes and singing session for children, babies and parents/carers.

Little Lobsters: Monthly creative writing session for 7-11 year olds, featuring a variety of creative writing techniques such as collage poetry or writing stories based on randomly chosen objects. They are on the second Monday of the month at 3.45-4.45pm. Our next is on May 11th. Please note there will no session on Easter Monday 13th April.

Crafty Chat: Join in our new craft group who will come together fortnightly on Wednesdays, 1.30 – 3.00pm, to chat crafty, share skills, learn and develop projects together and browse through our fantastic range of crafting books. Enjoy a cup of tea/coffee and a biscuit for 50p. No need to book, drop in for FREE: April 1st & 15th.

Bingham Model Railway Club

Our Annual Exhibition will be held at Cotgrave Welfare, Woodview, Cotgrave, on Saturday 4th and Sunday 5th April. With 18 layouts and several local traders this promises to be our best exhibition yet!

Entry: adults £5.00, concessions £4.00, children £3.00 and a family ticket for just £12.00. Under 5s are free.

We are a long-established club aimed at all those interested in the design, building and operation of model railways. Tuesday mornings and Thursday evenings are the main club meeting times and members often bring their own bits and pieces to work on. Some get involved with the new club layouts, and others come for a cup of tea and a chat. There is a good atmosphere, a great sense of togetherness and two large layouts to test and run in locomotives.

We have members interested in all gauges although the club tends to concentrate on the more familiar gauges of 00 and N. We are currently working on several new layouts with members heavily involved in the construction of the layout, scenic items, and electrics.

Our current club room is located at Newton. New members are always welcome at the clubroom and if you are a complete novice to either railways or modelling, there will always be someone who can help you out.

Our web site is www.bingham-model-rail.co.uk where you can find contact details and a wealth of photographs of layouts we are involved with.

Bingham Musical Theatre Company

A small, friendly and enthusiastic group which perform a range of theatrical styles from musical theatre, Shakespeare as well as creative contemporary shows. We meet once a week in Radcliffe-on-Trent or Bingham, with extra rehearsals near to performance dates. We aim to stage one production a year and also support with community and charity events when they come up. New members of any ability or experience are always welcome, whether you want to perform on stage or help backstage. Contact: bmtc@hotmail.co.uk or check out our website www.binghammusicaltheatrecompany.co.uk.

Bingham Neighbourhood Watch

We frequently stress the importance of Neighbourhood Watch as a vehicle for community vigilance about crime, particularly in times of stretched police resources. However, the movement can also serve other important functions. In particular, we are keen to encourage residents to look out for one another in everyday contexts as well. For example, do you know elderly or vulnerable people who would benefit from the occasional visit? Has someone not been seen outside their home for a while? Might they be in need of help? Neighbours are often best placed to spot warning signs and raise the alarm.

Remember, as well, that our local policing team holds regular *beat surgeries* where officers are available to answer questions, give advice or just have a friendly chat. The surgeries take place in Bingham Library at varying times of day. Details are circulated via social media and are also published on our website which carries a range of other information, news and advice and is regularly updated.

Our website is also the place to visit to learn how to start a NW scheme if your street doesn't currently have one.

Contact us via our website www.bingham-watch.com/index.html or phone 876635 for more information.

Bingham Netball Club – Juniors

Netball club for girls age 9 to 16 (school years 5 to 11). Term-time only Monday's 7.00-8.00pm at Bingham Leisure Centre, meet in reception at 6.45pm. Training takes place on the hockey pitches during the winter months and on the tennis courts during the summer months. Cost is £2 per week (first week free). Players of all abilities are welcome.

Please contact Claire Bowen (07971 077327), or see www.binghamnetball.co.uk.

Bingham Netball Club - Ladies

Ladies netball club for all ages and abilities, we are always looking for new players. Please come along and give it a try, no commitment to come every week needed. We are a friendly group of ladies and all about fun and as much fitness as you want (don't worry if you haven't played for 15 years or more). We do play matches and tournaments, but this is optional.

We meet in Bingham Leisure Centre reception on Tuesdays at 7.45pm and play on the tennis courts behind the centre 8.00 till 9.00pm, excluding some school holidays. Cost is £2.50 per week (first week free). For more information, contact Sue (839 946), Claire (07971 077327), or see www.binghamnetball.co.uk.

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

Bingham Ramblers

So Easter is here (told you to buy your Easter Eggs at Christmas) and now we have all grown webbed feet we are ready for anything. The exceptional weather over the last 3 months has not stopped our hardy lot, but at times it did put our walking programme under severe strain, which resulted in hasty changes, and a postponement, but we still keep going, otherwise it feels like enforced confinement.

We have finished our winter programme now and move straight into our summer walks with the optimism that comes from the changing seasons and renewed faces of nature.

We also reflect that we often take things for granted until the frailties of our existence are brought home to us and make us cherish our memories, and feel grateful for what we have, and the friends we have made through walking.

Our plans for the following dates are:

12th April Rowsley / Bakewell 7m 9.00 am (early start) Bingham Main Car Park 26th April Belvoir Vale 6m 10.00 am Bingham Main Car Park

For further details about Bingham Ramblers or our walks contact Grant (877 833).

Bingham Rugby Club

Welcome to Bingham RFC: Seniors, Mini U8, U7, U6 and Little Ruggers, 3 – 4 and O2Touch

Players of all ages and experience are welcome. Training: 7.00pm Tuesday (seniors), 10.00am Sunday (Mini and Little Ruggers), O2 Touch Thursday 7.00pm at the Town Pavilion, Brendon Grove, NG13 8TN.

We also run social events throughout the year and hire our facilities for private functions.

Contact: www.binghamrufc.co.uk; Lee Fretwell, 1st XV Captain (07837 380 639); John Perry for functions (01949 875 231).

Get Fit, have fun, make new friends and play Rugby.

Bingham Scottish Country Dance Group

We are an adult dancing class, which meets at Old Church House on Monday 2.00-3.45 pm. The class runs from September to July. We welcome dancers of all abilities, no partner needed. Scottish dancing is a really good way of keeping fit, giving the brain a workout and making friends – we don't spend any time doing the Highland Fling or The Gay Gordons! Cost is £2 a week. Please contact Pat Harland (875 286, or email pat.harland@ntlworld.com) for further information.

Bingham Sub-Aqua Club is a branch of the British Sub-Aqua Club and meets at the swimming pool at Bingham Leisure Centre on Tuesday evenings from 8.45 to 9.45pm for swimming sessions and pool training for SCUBA diving and snorkelling.

Afterwards, the members socialise in the Horse & Plough Pub in Bingham. The club welcomes both new members who would like to learn to dive and any experienced divers who wish to cross over to BSAC from other training agencies. The club has qualified instructors

who can train members who wish to learn to SCUBA dive and obtain the necessary qualifications which will enable them to dive all over the world.

Anyone who wishes to learn to dive should contact either Susan Shipley (01949 851386) or Helena Robertshaw (01476 410354 or 07940 822025) to arrange a try-dive, or come to the Leisure Centre on a Tuesday evening for a chat.

George Smith, Secretary (0115 933 4407)

Bingham Tennis Club

Toot Hill School / Leisure Centre site: 3 recently resurfaced floodlit courts.

Sunday afternoon family sessions. Mixed and Men's teams in local leagues including indoor in winter. Access outside of school hours. Coaching for all ages. Contact Lyn Thomas (07504 222721) for further details.

Bingham, The Spiritual Foundation of Light, The Lighthouse, Long Acre Studio, Long Acre. A programme of events is available on request.

Divine Service: every Sunday 6.30 pm – Healing during the service, contact Len Cox 0115 968 0940.

Awareness: alternate Wednesdays 7.15 pm for 7.30 pm, contact Len Cox.

Healing: every Tuesday 7.30pm - 9.30pm, every Thursday 10.00am - 12.noon, contact: Ann Packwood 861 552, Jan Parnham 838 219.

Bingham & The Vale Boardgamers

Held on the last Tuesday of every month in the Snug at The Butter Cross pub, Market Place, from 7.00pm to 10.00pm.

Come along, have some fun, travel the world, build a new civilisation, try camel racing or introduce us to one of your favourites. Open to all ages.

For more information contact Amanda (01949 81193, suncat1984@gmail.com).

Bingham Town Youth Football Club

BTYFC is a volunteer run, not for profit, community organisation which provides the social, psychological and physical benefits of association football to young local families regardless of ability. BTYFC has 29 squads with over 400 able bodied and disabled boys, girls, men and ladies. Visit our website and join today.

BTYFC are need of community minded people to play a voluntary role in running of BTYFC and the amazing new Butt Field facility (near Bingham railway station) and are always in need of footballing, non-footballing people and local businesses who want to give back to their local community.

Visit our website: www.binghamtownyouthfc.com or email us at binghamtownyouthfc@ntlworld.com for further information.

Bingham Twinning Association

This year, Bingham Twinning has been in friendship with our twin town Wallenfels for 35 years. The foundation for the partnership was instituted by Mayor Volker Woern and the then

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

chairman of Bingham British Legion, Len Sparrow. Out of their friendship grew the twinning of the towns, Bingham and Wallenfels, Bavaria.

We hold many social events throughout the year. If you are interested in becoming a member, or for more information, then please call Clare Williams (Chair) (07557 763882), or email binghamtwinning 1984@gmail.com. Annual membership is currently £2.50 per adult.

Bingham U3A

SPRING HAS SPRUNG – HOPEFULLY!

Longer days, lighter nights – how are you going to fill your time?

Try out Bingham U3A, if you are no longer in full-time work and would like to pursue life enhancing activities – from theatre visits, learning a language or enjoying our local ale and music gigs to gliding and indoor skydiving. The opportunity to try off-road driving is coming up soon along with other adventures in one of our groups. If book reading, knitting and playing the guitar is more your thing, we've got them too.

We welcome all adults who have the time and inclination to take part, make new friends or reestablish old acquaintances and LIVE LAUGH & LEARN with U3A.

We meet on the third Wednesday of every month at 2.00pm in the Methodist Centre in Bingham. At our next meeting on 15th April, Phil Eldridge gives us a talk on volunteering to help preserve and run a railway with the Lincolnshire Wolds Railway, which ran between Ludborough and North Thoresby and was originally closed by British Rail in 1980.

Visitors are welcome to come for a look / see and pay a £1. Follow Bingham U3A on Facebook, visit our website www.binghamu3a.co.uk to read our on-line newsletter or maybe even install the Bingham App on your phone or tablet. For further information on membership, contact Karen Peters (875 406, or via bingham.u3a.memberhsip@gmail.com).

We really look forward to seeing you.

Bingham United Charities 2006

The AGM of the above charity was held on July 1st. The Chairman's report is available by emailing binghamunitedcharities 2006@gmail.com.

The income from investments is available in the form of grants to residents of Bingham who are in need or financial difficulty, or to organisations which are able to assist Bingham residents who are in need or financial difficulty.

Requests are most welcome from individuals, but applications supported by a professional, medical or a social care agency are sometimes able to be dealt with more quickly, so this may be worth considering.

All applications are carefully considered and not all applications are successful. Each application is looked at on an individual basis and treated on their merits and in the strictest confidence.

Application forms are available from the Secretary by emailing binghamunitedcharities 2006@gmail.com

Bingham V.I.P.s

We are a friendly group who provide information, mutual support and friendship to those who are visually impaired, especially those recently diagnosed. Our members include fully sighted people, we exchange news of research, visual aids etc. and we often have a game or a quiz to go with our coffee and biscuit. We meet on the third Thursday in the month at the Methodist Centre at 10.30am.

If you can read this you are fortunate, so please mention our group to those who are not. Further details from Val (837 510).

Bingham Writing Group.

We meet on the first Tuesday of every month at Long Acre Studios, 26 Long Acre, Bingham, 2.00 till 4.00pm. If you are interested in writing, whether it is a short story or a full-blown novel, we would love to see you. Contact number: 875 926.

Bingham Wind Band

Fun, friendly, music group looking for players of clarinet, tenor sax, trumpet, french horn, trombone, bassoon, euphonium, tuba, drums, percussion, timpani. All players most welcome.

Rehearsal Wednesday's 7.15pm – 9.15pm at Robert Miles Junior School, Bingham.

Please contact Sarah Parnell (07710 561982) or binghamwindband@gmail.com for further details.

BMC Card Crafting Club meets on the first Tuesday of the month in the Methodist Centre, Needham Street entrance, from 2.00pm until 4.00pm. Bring along your card crafting materials and enjoy an afternoon with other crafters. You don't have to be an experienced crafter it's just for fun, everyone welcome. For further information contact Janet Ritchie (875116 or email janetritchie@live.co.uk.

The Boys' Brigade and Girls' Association is a Christian uniformed organisation for children aged 5 and over. We do lots of different activities which include crafts, music, games, sports, making friends, and exploring stories. The programme is organised into five programme zones of Body, Community, Creativity, Mind and Spirit through which the children have the opportunity to gain awards. We meet on a Friday evening at 6.15 - 7.45 term time only. For further information or to book a place please email: boysbrigade33@live.co.uk.

Bumps and Babies

Are you Pregnant? Do you have a young baby? This is a friendly group that welcomes all babies under one and their parents/carers to come and play and socialise in a relaxed safe and friendly environment. This is a great place to meet other expectant mums or parents with children of similar age. If you ante-natal group has outgrown meeting at each other's houses, then feel free to come along and use this group to meet together.

Bumps and Babies takes place every Wednesday morning 10.30am – 12.30pm at the Village Hall, Screveton Road, Car Colston (2 Miles from Bingham off the A46 to Newark). Cost is £2 per family including refreshments.

We also have a fantastic toy library where toys can be hired for £1 a week.

For more information contact Laura (07795 634538).

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

Calverton and Bingham Swimming Club (CABSC)

CABSC is a family/volunteer run competitive, yet friendly, swimming club affiliated to the ASA and SWIM 21 accredited. We offer lessons, competitive swimming opportunities, excellent training and water polo to all ages from 5 to 95 yrs mainly based at Bingham and Calverton Leisure Centres. We also have sessions at a number of other pools in the Notts. area. Our dedicated Teaching and Coaching team are all ASA qualified and our swimmers and teams compete successfully at a high level in local, national and international competitions. We are always looking for new recruits, both in and out of the water, so please visit our website for more information and how to contact us at www.cabsc.co.uk.

Carnaryon Kids Club CIC

We are an Ofsted registered high quality affordable Kids club offering before and after school care at Carnarvon Primary School. We also run an all day holiday club open between 8.00am and 6.00pm during school holidays which is open to children from all local schools. For more information call Deborah (07817 974 659) or email carnarvonkidsclub@ntlworld.com.

Chestnut Avenue Centre

Are you retired, looking for something to do? Then join us:

Monday: Bingo, 2.00 pm - 4.00 pm

Wednesday: Coffee Morning, 9.30 – 11.30 am

Friday: Whist, 1.15 - 4.00 pm

Saturday: Coffee Morning, 10.00 – 12.00 noon

Keep your eye on our noticeboard, or pick up a leaflet about our many outings and functions, or 'phone 831 393.

Dyslexia Association is a registered charity (1082345). We provide information, advice and guidance, dyslexia screening and assessments, as well as tuition and training for dyslexic children and adults of all ages, their parents/families, educators, employers and the wider community. Our head office is in Nottingham and we provide services primarily across the East Midlands (Nottinghamshire, Derbyshire, Lincolnshire, Leicestershire, Rutland, Northamptonshire) and neighbouring counties. If you are dyslexic or think you might be dyslexic, or if you are concerned about another person who may have dyslexia, we can help. Website: www.dyslexia.uk.net, Helpline: 0115 924 6888.

East Bridgford Drama Group

We are a lively group and welcome all age groups.

Further information from Geoff and Marjory Soar (01949 20738), or David and Jacky Valentine (01636 525 618).

Friends of Bingham Linear Park

The Friends will hold their usual monthly meeting at 7.00pm on Wednesday 1st April at the Bowls Club, and at 10.00am on Sunday 19th April the Work Party will meet at the Tithby Road (Tithby Bridge) access to the Park.

Please feel welcome to join us at these events. For more information please contact, linear_park@hotmail.co.uk or phone Bingham 838585.

Fun Chorus

Singing for fun, confidence, health, happiness and friendship! Wednesdays 7.00 - 8.30 pm.

For further information: www.funchorus.com or 0115 859 8275.

Home Library Service

Are you aware that you can have books delivered to your home?

The Home Library Service is operated under a partnership arrangement between Inspire and the Royal Voluntary Service (formerly WRVS) and has existed in Bingham for over 40 years – one of nearly 200 schemes throughout England, Scotland and Wales. For many people who are housebound, due to age, disability or circumstance, reading or listening to a recording is an important stimulation, as is the opportunity for social contact. A group of Royal Voluntary Service volunteers deliver books supplied by Inspire Nottinghamshire Library Service, on a fortnightly basis every other Tuesday to residents, who for any of the reasons above are not able to visit the library in Bingham. If you would like to make use of the service, or know of somebody who would like to do so, please contact Bingham Library (837 905).

Ladies Five a Side Football

We are a small group of ladies who meet to train and play a match of five a side football.

All abilities and ages welcome. The aim of the session is fitness and fun. We meet on a Monday evening 8.00 - 9.00 pm at Bingham Leisure Centre.

Please e mail or phone/text for further information: Esther Cooper (07741 458745, or ellisesther@hotmail.com).

Lively Spirits Parent and Toddler Group

Our popular Parent/Carer and Toddler Group is now open at the new Methodist Centre. Open Mondays 10.00am -12.00pm. For ages 0-4. Term time only. £2 entry per adult. Refreshments are available. Lots of toys, crafts and song time. Lynn and the team look forward to welcoming you and your little ones.

Meditation Classes

Free meditation classes are conducted on Tuesdays at 7.00 pm in Bingham Methodist Church for an hour. Classes are led by Rosemary Kaur.

For further information: www.meetup.com/Bingham-Free-Meditation-Yoga-Meetup.

Nourish the Children

The Nourish the Children Initiative is an alliance of entrepreneurs working to eradicate childhood malnutrition by applying business skills to the problem. Contact Chris Jordan on 876 451 for any further information.

NSPCC, Bingham District

We held a very successful Sunday Lunch on January 26th at which we raised £777.35. Everyone seemed to enjoy themselves and as usual were very generous with their support. We must also thank Lyn and Barrie Thomas for hosting the event.

We always welcome new ideas and help with any of our events. If you would like to join our small group, please contact Sally (837 133).

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

Parkinson's UK, Nottingham Branch

If you have been diagnosed with Parkinson's, or are living with Parkinson's, you are not alone. Nottingham has a vibrant Parkinson's branch, which is there for you.

Every 3rd Wednesday of the month the branch meets at St Jude's Church Hall, 405 Woodborough Road, Mapperley, Nottingham NG3 5HE., from 1.30 pm to 3.30 pm.

Various activities take place which include guest speakers, trips out, etc., nothing too daunting, and you will be able to mix with like-minded people and learn of the other Parkinson's venues, which are open to you in Nottingham. Come along give us a try, the only costs involved is a donation to cover your tea or coffee. You will be made most welcome.

For any assistance contact 0808 108 833, or parkinsonsnottingham@hotmail.co.uk.

Probus Club, Radcliffe-on-Trent and District

Have you given up full-time work? Are you semi-retired, or about to retire? Are you looking for good conversation, a decent meal and an after-lunch speaker? Then you have found it!

We meet twice a month on Tuesdays at Ashmore's Restaurant, Bingham Road, Radcliffe-on-Trent. Please contact Stan (0115 933 3395), www.radclffeontrentprobus.co.uk.

Probus Club, Vale of Belvoir

The Club meets at The Chequers Inn in Woolsthorpe, on the 2nd and 4th Wednesdays of each month at 10.15am. Please note change of venue.

Membership is for retired professionals, businessmen and the like. We start with a social gathering followed by a speaker and then an optional informal lunch. We also have social events and outings for members, family and friends.

If you would like more information about our Club please contact Barry Greenhalgh, Membership Secretary, at baza54@hotmail.com or tel. 0115 841 2851.

Quakers (Religious Society of Friends)

Quakers worship mainly in silence. You are most welcome to join us, whatever your belief or non-belief, creed or gender. We hold our Meetings for Worship in the Bingham area as follows:

On the first and third Sundays of the month, at 10.30am in the Women's Institute Hall, 7 Station Street, Bingham NG13 8AQ.

Please phone (0115 960 9098), or email liz@erperkins3.plus.com for further details.

Radcliffe Knights Badminton Club plays every Tuesday at Bingham Leisure Centre 7.00 – 9.00 pm. We are a friendly club looking for new members of club standard. Why not come along and get your first session FREE. For more details contact Club Secretary, Ken Curtis (07966 293 743).

Radcliffe-on-Trent Male Voice Choir

For the latest information on the Radcliffe Male Voice Choir, please go to the website: www.radcliffeontrentmvc.org. The Facebook site is now launched and can be found at: www.facebook.com/ROTMVC.

Ramblers Association, Vale of Belvoir Group

We walk every week, usually on Sunday, in the local area and further afield in the East Midlands. Walks are chosen to suit all abilities and interests. Walks start at 10.00am and you usually need to bring a picnic. Call 01949 836042 or email vbramblers@gmail.com for a *Walks Programme*, or go to our website at www.vbramblers.co.uk for more details.

Sun. 5th WALKS CANCELL FO UNTIL 31 MASK			
Sun. 5th	Keyworth, Widmerpool and Wysail Olivillo 31 111	8 1h	
Sun. 12th	Shardlowpard Elvaston Castle ICATION Ironville, Codnor Castle, Brinsley and the Cromford Canal	11.5 or 8.7m	
Wed. 15th	Ironville, Codnor Castle, Brinsley and the Cronfford Canal	9m	
Sun. 19th	Epperstone	6m	
Sun. 26th	Long Clawson and the Vale of Belvoir	9m	

Ready Steady Go... running club

For adults and children of all abilities. Held at Bingham Leisure Centre running track.

Adults Monday at 7.30pm and children at 5.00pm Thursday.

For further details call 07751034613, email deena.tomlinson@ntlworld.com, or visit the website at www.readysteadygorcbingham.yolasite.com.

Royal British Legion, Bingham Branch

The Branch meets at 7.30pm on the 3rd Tuesday of every month, except August, in the Bingham Bowling Club. New members are always welcome.

Membership is open to everyone. If you have an interest in the objectives of the Legion and want to help and support those who have served and their families, come and join us. We welcome men and women of all ages, whether they have served in the Armed Forces or not.

Contacts: Chairman: Richard Montgomery (838 320) Secretary: Bill Stark (838 257) Welfare: Neville Turner (875 752).

Rushcliffe All Ears Group, Bingham Branch

Are you affected by Hearing Loss, Tinnitus, Balance or Meniere's disease?

Rushcliffe All Ears invite you to join us every 2nd Friday of the month 10.30am to 12noon at Chestnut Avenue Community Centre, Bingham, NG13 8AU. Come and enjoy tea/coffee and biscuits, chat and days out. Information and advice always available. Qualified person visits every 5 months for hearing aids maintenance.

Rushcliffe All Ears group also meet every 3rd Tuesday 10.30am to 12noon at Epperstone Court, Epperstone Road, West Bridgford, NG2 7QR.

For further details contact Jennifer (0115 981 4077, jenniferletts@live.co.uk) or text/phone 07746 168 433, or contact Self Help UK (0115 911 1661).

If unable to attend, please contact me, Jennifer, and we can meet for tea/coffee in the area you live.

Rushcliffe Athletics Club www.rushcliffeac.co.uk

The Club meets at the Athletics Track at Bingham Leisure Centre running 3 sessions weekly,

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

as well as competing in various Track & Field events, Cross Country and Sportshall events locally, regionally and nationally throughout the year. Competing for the Club is optional but encouraged.

- * Floodlit facilities * Qualified UKA coaches * Event specific coaching * Indoor training during winter months * Regular Induction days *
- 1 Track & Field, Cross Country: for children from age 8 years old to senior athletes, a full range of events on one of the country's best facilities. Training Tuesdays and Thursdays 6.45pm to 8.00pm and Saturdays 9.45am to 11.00am.
- 2 Road Runners: Are you one of the many seen jogging around Bingham? Come and join us! All abilities, male and female sessions.

Please contact the club via email rushcliffeac@gmail.com for more information about the club and for the next induction dates.

Rushcliffe Handy Housekeepers

Rushcliffe CVS has recently launched a new service which is called Handy Housekeepers. It is providing help at home for a very reasonable cost and staff will carry out cleaning, washing, ironing, changing beds, shopping and light household tasks. Lifting heavy weights, gardening or carrying out any personal care won't be provided.

Staff are thoroughly vetted and insured. The service is available throughout Rushcliffe and surrounding areas. The cost is £15 per hour and pro-rata for half an hour.

Handy Housekeepers is ideal for elderly people who can't do as much as they used to do and need a little help to maintain their independence.

Enquiries to Handy Housekeepers, Rushcliffe Community & Voluntary Service (0115 969 9060, or email handyhousekeepers@rushcliffecvs.org.uk).

Rushcliffe Voluntary Transport Scheme

Do you need support to get from A to B? Are you unable to use public or any other means of transport to make your journey? If so, we are keen to hear from you.

We have an excellent, experienced and friendly team of volunteer drivers who live in Bingham. They use their own cars to help people get out and about locally, travel to surrounding villages, West Bridgford and Nottingham. Passengers can book to go shopping, to the hairdressers, in addition to booking trips to the doctor, dentist or optician.

If you would like further information contact Rushcliffe Community & Voluntary Service (0115 969 9060, e-mail: transport@rushcliffecvs.org.uk, website: www.rushcliffecvs.org.uk).

Social Monday Morning

Do come and join us for 2 hours. We have tapestry, crafts, knitting and sewing. We also have darts, dominoes and learning Scrabblers, 10 am to 12 noon, at the W.I. Hall, Station Street, including tea / coffee and biscuits for only £1.

South Nottingham Hockey Club train and play at Bingham Leisure Centre.

 $2\ \text{Men's}$ teams and $1\ \text{Ladies'}$ team play in the competitive Midlands League and a 3rd XI

Bingham Town Council News



Bingham Town Council

Statement of Activity for 2020/2021

Bingham Town Council has set its expenditure for the year at £327,360 along with a projected income of £27,095. The Town Council has reserves and will also seek grants from other organisations to fund projects.

To arrive at a balanced budget, the precept demand to Rushcliffe Borough Council has been set at £300,265, this equates to an increase of £3.19 to £83.12 (4%) for a Band D property.

The overall Council Tax charge also includes the budgets of Nottinghamshire County Council, the Nottinghamshire Police and Crime Commissioner, the Fire & Rescue Authority and Rushcliffe Borough Council, which have also changed from last year.

Why the money is needed:

The Town Council either owns or has a maintenance responsibility for a number of amenities:

- Sports Fields at Wynhill and Butt Field
- Town Pavilion and Butt Field Sports Pavilion
- Five play areas
- Allotments at Hill Drive
- St. Mary's Churchyard and the Town Cemetery
- Linear Park Nature Reserve
- An extensive arboreal portfolio
- The Old Court House
- Town Centre CCTV

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

The Town Council also provides support to local community organisations and promotes Bingham's sense of place through:

- Its Grant Aid scheme
- Organising and promoting the Bingham Town Fair and Christmas Fair
- Organising and funding the summer floral display in the Town Centre
- Organising and funding the Christmas lighting display and the festive window competition

In addition to its day to day activities, the Town Council is keen to progress a range of projects such as:

- · The refurbishment of Wychwood Road and Cogley Lane play areas
- Exploring the construction of long-term parking provision
- Upgrading the CCTV provision
- Redevelopment of the Wynhill site to support improved and increased community facilities
- A multi-use community hall at the Chapel Lane site
- Supporting the development of a Neighbourhood Plan
- Improving maintenance of the Linear Park and open spaces

The Town Council employ: a part-time Town Clerk and part-time Deputy Clerk as well as two part-time administrative assistants, two full-time grounds staff, a seasonal worker and a part-time cleaner.

The Town Council's sources of income are from:

- Burial and memorial fees
- Event charges and sponsorship
- Rent from office accommodation at The Old Court House
- Rent from sports clubs for lease of pitches and pavilions
- Allotment rents
- Wayleaves

CORONAVIRUS: advise check with leaders effect of outbreak on group activities TOWN COUNCIL BUDGET 2020/2021

This is how the Town Council will allocate funds raised through the Council Tax.

The budget for the previous two years is shown for comparative purposes.

	Budget	Budget	Budget
	2018/2019	2019/2020	2020/2021
Budget Headings			
Allotments	1,110	1,610	1,610
Cemetery	4,800	9,450	9,650
Community	0	0	0
Depot	325	0	0
Environment	5,125	5,000	7,000
Finance	28,300	25,300	29,400
Old Court House	16,020	17,750	32,650
Professional Fees	6,000	8,000	10,000
Promotion and Events	23,000	24,750	23,350
Recreation	29,300	19,800	20,530
Recreation Equipment	13,800	16,350	11,600
Property Development Reserve	5,000	0	11,700
Reserves	17,000	21,100	0
Salaries and On Costs	150,000	164,104	169,870
Activities and Projects		153,100	167,247
Budget required	299,780	466,314	494,607
Less earmarked reserves		153,100	167,247
Less income	31,500	29,800	27,095
Precept Demand	268,280	283,414	300,265
Tax Base	3490	3545.9	3612.3
Band D property	£76.86	£79.93	£83.12
Please note some budgets within headings have changed			
Please note some budge	ts within nead	ings nave char	igea

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

Men's is a Development team with games. Qualified coaches.

Seniors training & coaching (Men's and Ladies): Thursday 7.30 – 9.00pm on the Astro Pitch.

A really thriving Juniors' section, boys and girls aged 6 - 13 welcome.

Juniors' Sunday training and coaching: 10.30 - 11.30am on the Astro Pitch.

Games v other junior clubs planned this season.

Info: southnottinghamhockeyclub@gmail.com, www.southnottinghamhockeyclub.co.uk.

Sunrise Junior Badminton Club for 7 to 17 years of age to learn the skills of badminton and play competitively, at Bingham Leisure Centre, Sunday mornings. For more information, please ring Gill Payne (0115 312 839).

The Rosary Community Centre

Soup & Cake: every Monday 12.00 noon – 1.00pm at The Rosary Community Centre off East Street. Cost is £2.00 soup and £1 cake. All welcome.

Coffee Morning: every Friday 09.30 – 11.00am.

Trent Valley Decorative and Fine Arts Society

We are affiliated to the National Association of Decorative and Fine Arts Society (NADFAS), and are dedicated to opening up the world of the arts for our members to enjoy.

With the exception of August and September, our lectures are held on the first Wednesday of every month in Grange Hall, Radcliffe-on-Trent, NG12 2FB. Doors open at 10.15am for coffee and a chat, and the talk, by an expert in their field, will begin at 11.00am. If you are interested in becoming a member please contact Penny Tytler at ptytler@ntlworld.com, or call her: 0115 933 3028.

Vale of Belvoir Lions Club

The Vale of Belvoir Lions are local people who share a common interest in raising funds, having fun at the same time and helping those less fortunate than most. The Club meets at The Vale of Belvoir Inn & Hotel at Whatton every 2nd and 4th Wednesday of the month, 8.00 pm. Our website is www.voblions.org.uk and you can always catch our latest news here www.voblions.org.uk/latest_news.php.

Vale of Belvoir Rotary Club

Our Memory Café, for sufferers of memory problems and their supporters, is held at All Saints Parish Church, Plumtree Road, in Cotgrave, on the last Thursday of the month, from 2.00 to 4.00 pm. Contact Gerry (838 173), or email thompson54@virginmedia.com.

Vale of Belvoir Rotary Club meets on Thursdays at Ashmores Restaurant in Radcliffe. Visit www.valeofbelvoirrotary.org.uk for more information, or phone Trevor Richmond (837 557).

Vale of Belvoir Cycling Club

We are affiliated to British Cycling, the CTT for Time Trialists and also the local Cyclocross league. We are a friendly club and cater for all cycling abilities.

Our open forum Facebook page called Vale of Belvoir Cycling Club is where we share information, videos, pictures and chat. All are welcome to join our *Open Forum* page and can

contact the club through there if you are considering joining us for a ride or two before deciding whether to join.

We actively encourage women into cycling and we have a separate women only Facebook page called Vale of Belvoir Cycling Club (Women's Cycling page).

For more details please contact vbccsecretary@gmail.com.

Vale First Responders – delivering Basic Life Support to the Vale of Belvoir.

Volunteers needed. Training each month, provided by EMAS, East Midlands Ambulance Service. For more information contact Sue (07977 015 366), or Dee (07973 839 220).

Vale Netball Club

We meet on Thursday evenings, 7.00-8.00pm. Any standard can attend, sessions adapted for new ladies, fun and fitness to keep you active. Meet on the tennis courts at the back of the college building at Bingham Leisure Centre. No need to book, just turn up. All sessions have qualified coaches in attendance. You will need a drink and appropriate clothing as it's outside all year round, £2.50 per session. For more details contact Stef (07876 683946, or email steffiem10@icloud.com).

Vale Voices Community Choir

Love to sing? Come and join our friendly choir. No auditions and all abilities welcome. We meet at the Methodist Community Centre, Bingham, each Monday at 7.30 - 9.00pm (term time only).

First session free and additional taster sessions £5. For more information please contact Becky (07794 542424), or email valevoicescc@gmail.com.

West Bridgford Model Car Club

We race 1/10 scale electric radio controlled model cars on Friday evenings at Cotgrave Leisure Centre from September to April and at Bingham Rugby Club during the summer. Racing starts at 6.30pm and finishes by 9.30pm. We have over 60 members, made up of a mixture of beginners and expert racers. Anyone is welcome to come along to see what we get up to.

For more information, see our website at wbmcc.co.uk or contact Paul Nutten (07779 834 665).

W.I., Bingham

Regular meetings are on the 2nd Monday of the month at 2.00 pm. New members and visitors always welcome. For details please ring Val (836 584), or e-mail wibingham18@gmail.com.

April 13th AGM, Beetle & Booze

 $The \ W.I. \ Hall \ is \ open \ for \ refreshments, \ coffee \ cake \ etc. \ every \ Thursday \ 8.00 am -11.30 am.$

For Hall bookings only, ring Mrs Skillington (839 093).

Woodborough Bridge Club

The club established in 1986 and affiliated to the EBU welcomes new members and visitors. Come along any Thursday evening, 7.00pm for 7.15pm, at Woodborough Village Hall.

CORONAVIRUS: advise check with leaders effect of outbreak on group activities

We offer weekly friendly duplicate bridge sessions using the latest bridge technology. We have an electronic dealing machine and Bridgemate2 scoring system; together they provide instant results and analysis. Nationally run simultaneous pairs events. Opportunities to play in our five teams in the county leagues; three teams of 8, two teams of 4. A range of classes in the day time and evenings; for beginners, improvers and team players.

Please contact Jane (0115 9652595), or enquiries@woodboroughbridgeclub.org.uk, Website: www.bridgewebs.com/woodborough

Woodcarving Club

Tuesdays 7.00 - 9.00 pm at Sherbrook Scout Camp, Mansfield Lane, Calverton, September to mid-June. Small friendly group: young not so young, ladies and gents. Mostly self-taught, we help and encourage each other to develop our skills and techniques using a variety of woods and tools. Basic equipment is available for newcomers, who will be given time and guidance in the safe use of (very sharp) wood chisels by the group leader. We are self-financing so fees are kept to a minimum. Contact: Alan (01949 837 682).

DATES AT A GLANCE

Consult the diary immediately following for regular weekly events and then the April diary for events which occur less frequently.

Sun.	9.00 am	RUSHCLIFFE ATHLETICS CLUB, Leisure Centre
	10.30am	S. NOTTINGHAM HOCKEY, Junior Trng, Leisure Ctr.
	10.00 am	RUGBY CLUB Mini and Little Ruggers, Town Pavilion
	6.30 pm	SPIRITUAL FNDTN LIGHT Divine Service, Long Acre Std.
	7.30 pm	VALE VOICES CHOIR, Methodist Centre
	8.00 pm	LIFESAVING & LIFEGUARD CLUB, Leisure Centre
Mon.	10.00 am	LIVELY SPIRITS TODDLER GROUP, Methodist Centre
	10.00 am	FUN & GAMES, W.I. Hall, Station Street
	10.00 am	LADIES ACTIVITY & FRIENDSHIP, W.I. Hall, Station St
	10.30 am	LIBRARY Rattle, Rhyme and Roll
	12.00 pm	THE ROSARY COMMUNITY CENTRE Soup & Cake
	2.00 pm	CHESTNUT AVENUE CENTRE Bingo
	6.45 pm	BINGHAM & RoT ROTARY Dinner, Horse & Plough
	7.00 pm	BULLETTES JUNIOR NETBALL, Leisure Centre
	8.00 pm	LADIES FIVE A SIDE FOOTBALL, Leisure Centre
Tue.	1.30 pm	AQUACARE, Cotgrave Leisure Centre
	1.30 pm	BREASTFEEDING SUPPORT, Bingham Children's Centre
	2.00 pm	OLD CHURCH HOUSE Snack & Natter
	6.30 pm	RUSHCLIFFE ATHLETICS CLUB, Leisure Centre
	6.45 pm	WOLF CUB PACK, Old Church House
	7.00 pm	MEDITATION CLASS, Methodist Centre
	7.00 pm	RUGBY CLUB O2 Touch, Town Pavilion
	7.15 pm	CHESS CLUB, RBL, Main Street, R.o.T. (Aug Apr.)
	7.00 pm	RUGBY CLUB Senior training session, Town Pavilion

00.	TOITA	VIIIOOI davise	oncok with leaders effect of outbreak on group activities
Tue.		8.00 pm	NETBALL CLUB – LADIES, Leisure Centre
Wed.		9.30 am	CHESTNUT AVENUE CENTRE Coffee Morning
		7.15 pm	CHORAL SOCIETY, Carnarvon School
		7.00 pm	FUN CHORUS, Methodist Centre
		7.30 pm	PARISH CHURCH Alpha Course
Alterna	ate We	ed. 7.30 pm	SPIRITUAL FNDTN LIGHT Awareness, Long Acre Studio
Thu.		8.00 am	W.I. Refreshments, W.I. Hall, Station Street
		9.30 am	METHODIST CENTRE Coffee Morning
		10.00 am	PARISH CHURCH Holy Communion followed by coffee
		10.00 am	123 BABY AND TODDLER GROUP, Old Church House
		1.30 pm	AQUACARE, Cotgrave Leisure Centre
		2.00 pm	ART CLUB W.I. Hall, Station Street
		6.30 pm	RUSHCLIFFE ATHLETICS CLUB, Leisure Centre
		7.00 pm	BRIDGE GROUP, W.I. Hall, Station Street
		7.00 pm	VALE NETBALL, Tennis Courts, Leisure Centre
		7.15 pm	RADCLIFFE MAIL VOICE CHOIR, R-o-T Methodist Ch.
		7.30 pm	S. NOTTINGHAM HOCKEY, Mens/Ladies Trng, Leisur Ctr.
		7.30 pm	CHOIR PRACTICE, Parish Church
Fri.		10.00 am	FRIDAY BABY AND TODDLER GRP, Old Church House
		10.30 am	LIBRARY Rattle, Rhyme and Roll
		9.30 am	THE ROSARY COMMUNITY, Centre Coffee Morning
		1.15 pm	CHESTNUT AVENUE CENTRE Whist
		6.15 pm	BOYS & GIRLS BRIGADE ASSOC., Methodist Church
		7.30 pm	BELL RINGING PRACTICE, Parish Church
Sat.		10.00 am	CHESTNUT AVENUE CENTRE Coffee Morning
		10.00 am	METHODIST CENTRE Coffee Morning
			•
April			
Wed.	1	11.00 am	TRENT VALLEY DFAS, Grange Hall, RoT
		1.30 pm	LIBRARY Crafty Chat
		7.00 pm	FRIENDS OF BINGHAM LINEAR PARK, Bowls Club
Fri.	3	8.30 pm	FOLK CLUB, Rugby Club Pavilion, Brendon Grove
Sat.	4	-	MODEL RAILWAY CLUB Exhibition, Cotgrave Welfare
Sun.	5		MODEL RAILWAY CLUB Exhibition, Cotgrave Welfare
		10.30 am	QUAKERS Meeting for Worship, W.I. Hall, Station Street
		2.00 pm	BINGHAM COMMUNITY CINEMA, Methodist Church
Mon.	6	1.00 pm	BINGHAM NATURAL PARENTING, Methodist Centre
Tue.	7	2.00 pm	BMC CARD CRAFTING CLUB, Methodist Centre
		2.00 pm	WRITING GROUP, Long Acre Studios
		7.30 pm	METHODIST CHURCH Wholeness Evening
Wed.	8	10.15 am	PROBUS CLUB, The Chequers Inn, Woolsthorpe
		2.00 pm	BINGHAM DOLLS' HOUSE CLUB, members' homes
Fri.	10	4.30 pm	CRANMER SINGERS Rehearsal, Bottesford Parish Church
		7.30 pm	CRANMER SINGERS Rutter's Requiem, Bottesford Church
Sun.	12	10.00 am	BINGHAM RAMBLERS depart Main Car Park

Mon.	13	2.00 pm	METHODIST CENTRE, Memory Café
		2.00 pm	MOTHERS' UNION, Old Church House
		2.00 pm	W.I., W.I. Hall, Station St
Tue.	14	6.20 pm	CHURCHES WALKING GROUP departs Co-o for Wilford
		7.00 pm	BINGHAM & VALE BOARDGAMERS, Butter Cross PH
		7.30 pm	CAFÉ CHURCH, Methodist Centre
		7.30 pm	GARDEN CLUB, W.I. Hall, Station St
Wed.	15	10.30 am	DIABETES SUPPORT GROUP, Old Courthouse, Church St
		1.30 pm	LIBRARY Crafty Chat
		2.00 pm	U3A, Methodist Centre
		7.45 pm	BELLES W.I., W.I. Hall
Thu.	16	10.30 am	BINGHAM VIP Group, Methodist Centre
Sun.	19	10.00 am	FRIENDS OF LINEAR PARK Walk, Tithby Rd access point
		10.30 am	QUAKERS Meeting for Worship, W.I. Hall, Station Street
Tue.	21	7.30 pm	RBL, Bowls Club
Wed.	22	10.15 am	PROBUS CLUB, The Chequers Inn, Woolsthorpe
Fri.	24	8.30 pm	FOLK CLUB, Rugby Club Pavilion, Brendon Grove
Sun.	26	10.00 am	BINGHAM RAMBLERS depart Main Car Park
Tue.	28	8.00 am	BUSINESS CLUB, Grill Room, Horse & Plough
		6.30 pm	CHURCHES WALKING GRP departs OCH for Collingham
		7.00 pm	BINGHAM & VALE BOARDGAMERS, Butter Cross PH